

1 Peter 5:7

casting all your worries on him,
because he cares for you.

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Psalms 94:19

In the multitude of my thoughts within
me,
your comforts delight my soul.

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Philippians 4:6-7

In nothing be anxious, but in everything, by prayer
and petition with thanksgiving, let your requests
be made known to God. And the peace of God,
which surpasses all understanding, will guard
your hearts and your thoughts in Christ Jesus.

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Matthew 6:31-34

“Therefore don’t be anxious, saying, ‘What will we eat?’,
‘What will we drink?’ or, ‘With what will we be clothed?’ For
the Gentiles seek after all these things; for your heavenly
Father knows that you need all these things. But seek first
God’s Kingdom and his righteousness; and all these things
will be given to you as well. Therefore don’t be anxious for
tomorrow, for tomorrow will be anxious for itself. Each
day’s own evil is sufficient.

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Hebrews 13:5-6

Be free from the love of money, content with such things
as you have, for he has said, “I will in no way leave you,
neither will I in any way forsake you.” So that with good
courage we say,
“The Lord is my helper. I will not fear.
What can man do to me?”

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Philippians 4:11-13

Not that I speak because of lack, for I have learned in
whatever state I am, to be content in it. I know how to be
humbled, and I also know how to abound. In any and all
circumstances I have learned the secret both to be filled
and to be hungry, both to abound and to be in need. I can do
all things through Christ who strengthens me.

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Jeremiah 17:7-8

“Blessed is the man who trusts in Yahweh,
and whose confidence is in Yahweh. For he will be as a
tree planted by the waters,
who spreads out its roots by the river,
and will not fear when heat comes,
but its leaf will be green,
and will not be concerned in the year of drought.
It won’t cease from yielding fruit.

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Habakkuk 3:17-18

For even though the fig tree doesn’t flourish,
nor fruit be in the vines,
the labor of the olive fails,
the fields yield no food,
the flocks are cut off from the fold,
and there is no herd in the stalls, yet I will rejoice in
Yahweh.
I will be joyful in the God of my salvation!

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Isaiah 41:10

Don't you be afraid, for I am with you.
Don't be dismayed, for I am your God.
I will strengthen you.
Yes, I will help you.
Yes, I will uphold you with the right hand of my
righteousness.

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Psalm 46:1-3

God is our refuge and strength,
a very present help in trouble. Therefore we won't be
afraid, though the earth changes,
though the mountains are shaken into the heart of the
seas; though its waters roar and are troubled,
though the mountains tremble with their swelling.
Selah.

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James 4:13-15

Come now, you who say, "Today or tomorrow let's go into
this city and spend a year there, trade, and make a profit."
Yet you don't know what your life will be like tomorrow. For
what is your life? For you are a vapor that appears for a
little time and then vanishes away. For you ought to say, "If
the Lord wills, we will both live, and do this or that."

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Matthew 11:28

"Come to me, all you who labor and are
heavily burdened, and I will give you rest.

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Psalm 127:2

It is vain for you to rise up early,
to stay up late,
eating the bread of toil,
for he gives sleep to his loved ones.

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Psalm 4:8

In peace I will both lay myself down and
sleep,
for you alone, Yahweh, make me live in
safety.

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